

FIRST AID TIPS



4.9 million
workplace injuries
in 2012

1.3 million
injuries resulted in
days away from work



Act Fast After a Cut

- Stop the bleeding
- Clean the wound
- Apply an antibiotic
- Cover it up
- Change the bandage regularly
- Get stitches (if needed)
- Watch for signs of infection
- Get a tetanus shot (if needed)



Proud Member